

# Indian Vegetarian Cooking Class & Dinner

**Saturday June 17, 6:30 – 8:30pm**

Join us for on a beautiful summer evening as Chef Sandhiya shows you how to easily prepare a delicious & healthy 3 course Indian meal, inspired by the fragrant spices of the Indian subcontinent – spices that not only add immense flavor, but also pack immense health benefits

**Pricing – Early bird \$60 until 06/10 ~ Regular \$70**

Includes Cooking class, recipes, dinner, light appetizers, spice-gift



At the Spice Merchants in Laguna Beach – 1175 S Coast Hwy

Limited space available - rsvp & pre-registration required

Contact : [sandhiya@greenlotuswellness.com](mailto:sandhiya@greenlotuswellness.com) or 949.842.7504

